



AIHS Frozen Menu

May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Chopped Steak <i>New!</i> with Horseradish Sauce Whipped Potatoes Green Bean Amandine Whole Wheat Bread Pears, 4.5 oz Milk Margarine Cal: 642 Sodium: 658
4	5	6	7	8
Meatloaf w/Brown Gravy Garlic Whipped Potatoes Broccoli Wheat Dinner Roll Rice Krispie Treat Milk Margarine Cal: 556 Sodium: 898	Chicken Gumbo Cajun Rice Succotash Saltine Crackers Applesauce, 4.5 oz Milk Cal: 610 Sodium: 583	BBQ Pork Riblet Macaroni & Cheese Green Beans Whole Grain Hamburger Bun Peaches, 4.5 oz Milk Cal: 727 Sodium: 1038	Egg Patty Florentine Parslied Potatoes Wheat English Muffin Pineapple Tidbits, 4.5 oz Milk Margarine Cal: 550 Sodium: 754	Rosemary Chicken Breast Lemon Rice Green Peas Carrots Chocolate Cake Milk Cal: 661 Sodium: 847
11	12	13	14	15
Honey Mustard Chicken Breas Potato Wedges Mixed Vegetable Blend Whole Grain Hamburger Bun Oatmeal Raisin Cookie Milk Ketchup Cal: 861 Sodium: 1116	Teriyaki Meatballs Coconut Rice Seasoned Edamame Japanese Vegetable Blend Milk Fortune Cookie Cal: 717 Sodium: 981	Tarragon Pork Loin Sweet Potatoes Green Beans w/Tomatoes Whole Wheat Bread Nutty Buddy Bar Milk Cal: 636 Sodium: 482	Sloppy Joe Baked Beans Parslied Carrots Whole Grain Hamburger Bun Pineapple Tidbits, 4.5 oz Milk Cal: 793 Sodium: 972	Mozzarella Chicken Penne Pasta Tuscany Vegetable Blend Pears, 4.5 oz Rice Krispie Treat Milk Cal: 684 Sodium: 928
18	19	20	21	22
Swedish Meatballs Egg Noodles Green Peas Carrots Pears, 4.5 oz Milk Cal: 684 Sodium: 831	Cheese Omelet Hashbrowns French Toast Sticks (2) Peaches, 4.5 oz Milk Pancake Syrup Cal: 741 Sodium: 887	Pizza Casserole California Vegetable Blend Apple Juice, 6 oz Whole Wheat Bread Pineapple Cobbler Milk Margarine Cal: 740 Sodium: 743	Creamy Chicken Marsala Whipped Potatoes Broccoli Wheat Dinner Roll Mandarin Oranges, 4.5 oz Milk Cal: 552 Sodium: 822	<i>New!</i> Pork Fried Rice Whole Kernel Corn Asian Green Beans Applesauce, 4.5 oz Milk Cal: 590 Sodium: 899
25	26	27	28	29
Chicken Piccata Seasoned Pasta Spring Vegetable Blend Wheat Dinner Roll Butter Sugar Cookie Milk Cal: 616 Sodium: 876	Herb Crusted Pork Loin Scalloped Potatoes Green Beans Whole Wheat Bread Oreo Cookies Milk Margarine Cal: 628 Sodium: 544	Fajita Chicken Charro Beans Whole Wheat Tortilla Hot Peaches Milk Taco Sauce Cal: 557 Sodium: 619	Stuffed Pepper Bake Parslied Rice Green Peas Carrots Pineapple Tidbits, 4.5 oz Milk Cal: 607 Sodium: 621	A-1 Chopped Steak Derby Potatoes Broccoli Wheat Dinner Roll Apple Juice, 6 oz Milk Margarine Cal: 626 Sodium: 679

Menus subject to change

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