

AIHS Frozen Menu

April 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Chicken & Dumplings over Buttermilk Biscuit Mixed Vegetables Hot Peaches Milk Cal: 616 Sodium: 910	Sloppy Joe Crispy Red Potatoes Parslied Carrots Hamburger Bun Oatmeal Raisin Cookie Milk Cal: 753 Sodium: 997	Potato Crusted Pollock Lemon Orzo Green Beans w/Red Peppers Mandarin Oranges, 4.5 oz Milk Tartar Sauce Cal: 591 Sodium: 516
6	7	8	9	10
Ground Beef Stew Whipped Potatoes Green Beans Wheat Dinner Roll Lorna Doone Cookies Milk Cal: 669 Sodium: 598	Fajita Chicken Mexican Corn Carrots Flour Tortilla Sopapilla Cheesecake Bar Milk Taco Sauce Cal: 883 Sodium: 936	BBQ Pork Riblet Macaroni and Cheese Green Peas Hamburger Bun Applesauce, 4.5 oz Milk Cal: 793 Sodium: 1347	Egg Patty Breakfast Sausage Diced Hashbrowns Cinnamon Raisin Oatmeal Mandarin Oranges, 4.5 oz Milk Cal: 642 Sodium: 513	Chicken & Sausage Jambalaya (Rice in entrée) Succotash Collard Greens Cornbread Pineapple Tidbits, 4.5 oz Margarine Cal: 828 Sodium: 519
13	14	15	16	17
Chicken Souvlaki Yellow Rice California Vegetable Blend Peaches, 4.5 oz Milk Cal: 552 Sodium: 705	Pork Roast Poivre Sauce Whipped Sweet Potatoes Green Beans Wheat Dinner Roll Darlington Chocolate Chip Cookie Milk Margarine Cal: 680 Sodium: 473	Beef Spaghetti Bake (Pasta in entrée) Green Peas Pineapple Cobbler Milk Cal: 680 Sodium: 712	Turkey Vegetable Stew Parslied Rice (Mixed Vegetables in Stew) Broccoli Wheat Dinner Roll Mandarin Oranges, 4.5 oz Milk Cal: 586 Sodium: 636	Hamburger Patty Crispy Red Potatoes Spring Vegetable Blend Hamburger Bun Carnival Cookie Milk Ketchup Cal: 739 Sodium: 913
20	21	22	23	24
Honey Glazed Chicken Breast Whipped Sweet Potatoes Green Beans Wheat Dinner Roll Applesauce, 4.5 oz Milk Margarine Cal: 578 Sodium: 696	Bacon & Cheese Egg Patty (2) Hashbrowns Cinnamon Raisin Oatmeal Mandarin Oranges, 4.5 oz Milk Cal: 604 Sodium: 834	Spaghetti Bake Green Peas Saltine Crackers Apple Cobbler Milk Cranberry Juice, 4 oz (2) Cal: 866 Sodium: 788	Chicken Calabacita (Chicken & Squash) Yellow Rice Broccoli Whole Wheat Tortilla Hot Pineapple Tidbits Milk Cal: 641 Sodium: 479	Cheeseburger Baked Beans Glazed Carrots Whole Grain Hamburger Bun Fudge Crème Cookie Milk Cal: 894 Sodium: 1365
27	28	29	30	
Smothered Garden Meatballs Penne Pasta Mixed Vegetable Blend Cauliflower Apple Juice, 6 oz Milk Cal: 564 Sodium: 637	Smoked Sausage with Onions and Peppers Potato Wedges Broccoli Whole Grain Hot Dog Bun Graham Crackers Milk Mustard Ketchup Cal: 857 Sodium: 1289	Jamaican Pork Parslied Rice Capri Vegetable Blend Hot Apple Raisin Compote Milk Cal: 610 Sodium: 368	Breaded Chicken Country Corn Carrots Whole Grain Hamburger Bun Chocolate Chip Cookie Milk BBQ Sauce Cal: 832 Sodium: 1272	

Menus subject to change

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